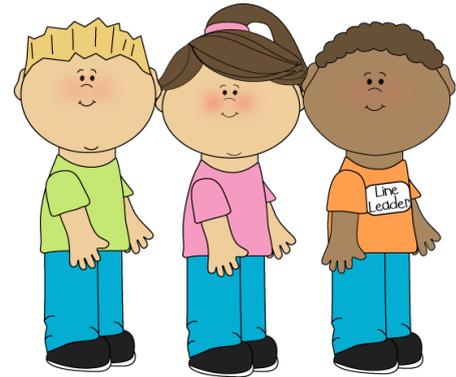


# Taking turns - Humility

## EXPLANATION:

Turn taking is an essential vital life skill that incorporates fairness, negotiation and compromise. These are all dispositions associated with humility and consideration of others. In this activity children are challenged to practise turn taking supporting friendship development and self-regulation.



**YEAR LEVELS:** Prior to school

**STUDENT GROUPING:** Whole group and individual action

**ACTIVITY LENGTH:** Group session time and actions conducted during everyday activities

## LINK TO CURRICULUM:

### Early Years Learning Framework

#### Learning Outcome 1: Children have a strong sense of identity

- 1.1 Children feel safe, secure, and supported.
- 1.2 Children develop their emerging autonomy, inter-dependence, resilience and sense of agency.

#### Learning Outcome 2: Children are connected with and contribute to their world

- 2.1 Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation.
- 2.2 Children respond to diversity with respect.
- 2.3 Children become aware of fairness.
- 2.4 Children become socially responsible and show respect for the environment.

#### Learning Outcome 3: Children have a strong sense of wellbeing

- 3.1 Children become strong in their social and emotional wellbeing.
- 3.2 Children take increasing responsibility for their own health and physical wellbeing.

## SCOPE OF TASK:

Learning to take turns while playing can be challenging for young children. Turn taking supports a range of social development including:

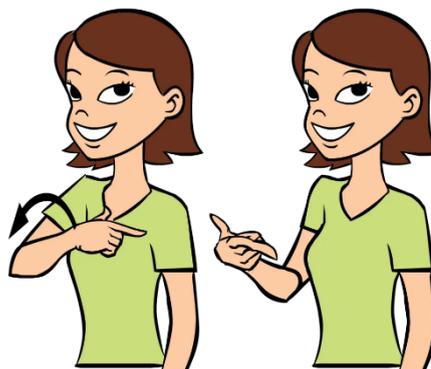
- Consideration of others needs and wants alongside their own
- Negotiation and patience
- What is fair/kind/nice?

All these skills support the development humility!

1. During group time discuss with children what is turn taking. Some questions to elicit children's prior knowledge include:

- What is turn taking? E.g. letting someone go first
- Why should we take turns?
- How do you take turns?
- What are some of the things you can take turns with? E.g. during games, for morning tea, on a swing etc

2. Inform the children about the sign that they can use that means 'turn taking.' This sign can be used to demonstrate that they are thinking about others and their needs and wants. The YouTube video from BabySignLanguage.com can be used to assist children in learning how to create the sign:



### Instructions for making the take turn sign:

- Dominant hand forms the letter 'L' with the thumb up and index finger pointed at a right angle
- Remainder of fingers remain curled
- Start the motion of pointing the thumb close to your chest, and rotating your thumb toward the other party
- Move hand back to you, as if pointing out whose turn it is

3. Tell the children that for the remainder of the week they are going to try and think about others more and let them have the first turn. When they ask their friend if they would like to have the first turn they can do the sign to connect their actions.

Teacher actions: throughout the week positively reinforce children's behaviours and actions and model using the 'take turns' sign

4. At the end of the week reflect with the children about thinking about their friends and giving them the first turn. Questions to prompt the conversation could include:
  - Can you make the take turns sign?
  - Did you let someone take the first turn? Share what happened
  - How did you feel when you let some go first?
  - How do you think your friend felt?
  - Did you teach anyone else to use the 'taking turns' sign? What happened?
5. Remind children about the importance of thinking about others and not always putting themselves first. Connect these actions to kindness, fairness and sharing.

**Hint:** Share with parents/caregivers the activity about humility and how turn taking supports the concept of thinking about others. Sharing this knowledge will assist parents/caregivers with reinforcing in the home environment. Encourage families to ask their children about the sign and even ask them to get their child to teach their family the sign.

## RESOURCES:

- Signing poster (see below)
- Video on how to sign to support learning of the signs. Credit to <https://www.babysignlanguage.com/>

# take turns



Baby Sign Language.com

