

# ADVENT CALENDAR 2021

During the festive season, spread kindness. Complete 'Acts of Kindness' or write your own.

**CHRISTMAS IS THE  
SEASON OF GIVING!**

**KINDNESS IS  
SOMETHING THAT DOES  
NOT COST ANYTHING  
BUT CAN MAKE AN  
ENORMOUS DIFFERENCE  
TO SOMEONE!**

**GIVE SOME KINDNESS  
THIS CHRISTMAS!**

**Instructions:**

1. Engage in an act of kindness every day starting on December 1<sup>st</sup>
2. When you complete an 'Act of kindness' cross it off your calendar
3. There are some empty spaces so that you can write acts that you have chosen to complete
4. When you have finished your Acts of Kindness Advent calendar, take a photo and post it on the Kindness factory website [www.kindnessfactory.com](http://www.kindnessfactory.com)
5. Visit the Kindness curriculum [www.thekindnesscurriculum.com](http://www.thekindnesscurriculum.com)  
Go to the Contact us tab and tell us that you have completed your Advent calendar. We will send you a certificate!

*Merry Christmas!*

Visit a grandparent or family friend		Make your bed without being asked			Stack the dishwasher	Thank someone who has helped you
1		2	3		4	5
		Walk someone's dog/pet		Tell someone a joke		Teach someone a skill that you are good at
	6	7		8	9	10
	Play with someone you may not always play with	Smile at everyone for a whole day		Hold the door for the person behind you	Help make dinner for your family	
11	12	13	14	15	16	
		Donate some old books or toys to charity	Write a happy note for someone to find		Give your pet a bath	Do a job for someone you love
17		18	19		20	21
	Pick up a piece of rubbish			Write a nice thing about a classmate and pass it on to them		<b>CONGRATULATIONS YOU MADE A DIFFERENCE TO MANY PEOPLE AND THE WORLD!</b>
	22		23	24		25