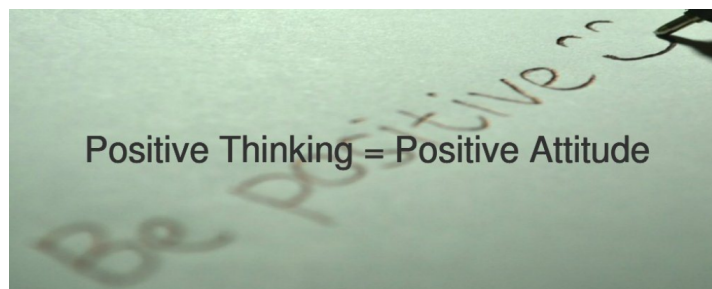


Attitude Acrostics — Positivity

EXPLANATION:

Having a positive attitude means being optimistic about situations, interactions, and yourself! Acrostic poems are a wonderful introduction to poetry for young students as they play and explore with words and there is no pressure to make it rhyme! This activity uses acrostic poems to explore the importance of a positive attitude and how it supports social and emotional wellbeing.



YEAR LEVELS: Years 1–3

STUDENT GROUPING: Whole group discussion and individual creations

ACTIVITY LENGTH: 40–60 mins

LINK TO CURRICULUM:

English: Sequence of content F-6 Strand: Language

Expressing and developing ideas sub-strand

Vocabulary Meanings of words, including everyday and specialist meanings, and how words take their meanings from the context of the text

- Understand the use of vocabulary about familiar and new topics and experiment with and begin to make conscious choices of vocabulary to suit audience and purpose
- Learn extended and technical vocabulary and ways of expressing opinion including modal verbs and adverbs

Personal and Social Capability learning continuum

Self-awareness element

Recognise emotions:

- identify a range of emotions and describe situations that may evoke these emotions

Self-management element

Express emotions appropriately:

- describe ways to express emotions to show awareness of the feelings and needs of others

Become confident, resilient and adaptable:

- identify situations that feel safe or unsafe, approaching new situations with confidence

SCOPE OF TASK:

Positive thinking is a mental attitude that promotes constructive action. A positive thinker acknowledges both positive and negative situations and acts productively in a range of circumstances. Some key points:

- Children as young as five can grasp the concepts and principles of positive thinking
- Positive thinking is a mental attitude that responds to situations in a constructive way
- Positive thinking helps build resilience, confidence and coping skills

1. Explore with the students the meaning of positivity. Ask students questions to elicit their understanding:

- What is positivity?
- How do you act if you are positive?
- What do positive people do?
 - Why is positivity important?
 - What is attitude?
 - What do you do if you have a positive attitude?
- What traits are associated with a positive attitude?

2. Record students' ideas and findings on the white board or make a word wall to record and save the associated vocabulary. This step in the activity will assist the students with words they can choose for their poems.

3. Explain to the students that they are going to make acrostic poems about positive attitude demonstrating all the ideas they have about positivity. An acrostic poem is a form of poetry where certain letters in each line spell out a word or phrase.

4. Provide instructions on how to make an acrostic poem (the amount of detail required will be dependent on the students' prior knowledge).

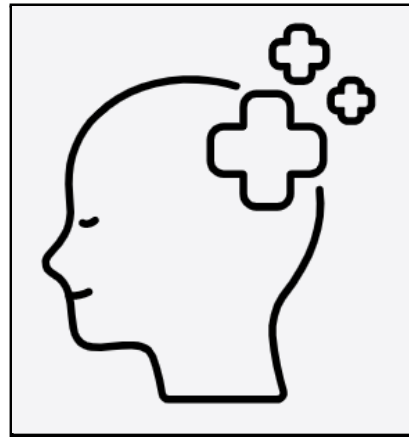
- Write your word down vertically using capital letters
- Brainstorm words or phrases that describe a positive attitude (refer to word wall recordings)
 - All lines of the poem should relate to a positive attitude
 - Write the brainstormed words or phrases on the lines that begin with the same letters
 - Remember acrostics don't need to rhyme!

Provide time for students to work on creating their own acrostic poem. A worksheet has been provided below or students can make their own. Whilst students are individually making an acrostic poem allow students to sit in small groups so they can share their ideas.

5. Once students have completed their acrostic poems, ask students to sit in a circle and take turns to share their poems with the group.
6. To summarise the activity, ask students why a positive attitude is important in their classroom and the community and what traits are common to people with positive attitudes
7. Acrostic poems can be displayed on the classroom walls.

RESOURCES:

- Whiteboard
- Optional worksheet (attached below)



Name: _____

POSITIVE ATTITUDE

Write an acrostic poem using the letters below to describe your positive attitude.

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